

# Smile and Stay Safe Poster

e-Safety Rules to be displayed in the computer suite and on the laptop trolleys



- ✓ I will only use ICT in school for school purposes.
- ✓ I will only open/delete my own files.
- ✓ I will make sure that all ICT contact with other children and adults is responsible, polite and sensible.
- ✓ I will not deliberately look for, save or send anything that could be unpleasant or nasty. If I accidentally find anything like this I will tell my teacher immediately.
- ✓ I will not give out my own details such as my name, phone number or home address.
- ✓ I will be responsible for my behaviour when using ICT because I know that these rules are there to keep me safe.
- ✓ I know that my use of ICT can be checked and that my parent/ carer will be contacted if a member of school staff is concerned about my eSafety.
- ✓ I will support the schools approach to online safety and not deliberately upload or add any images, video, sound or text that could upset any member of the school community.



## Cyberbullying and stay safe

**S**taying safe and not being a victim of cyberbullying means keeping your personal details private, such as full name and phone number. Never let anyone know your password and try to choose hard to guess passwords that include numbers and symbols such as \$.

**M**ake sure you think before sending a text or image of yourself or someone else. Remember that once some information about you or others has been sent by text or posted on a social network, such as Facebook - it can be made public and may stay online for ever!

**I**f you send messages to others remember to think about the impact of your words and images. If you receive a rude, nasty or unpleasant message or image about someone else do not forward as you could be helping the bully, or be accused of being the bully or even break the law.

**L**et a parent, carer, teacher, anti-bullying coordinator or trusted adult know if you are ever bullied. You can also call Childline on **0800 1111** in confidence.

**E**mails, text messages, chat rooms and social networks are some of the technologies that are used to cyberbully. These technologies will all contain evidence of any bullying and this evidence can be kept and used as proof of cyberbullying.