

Shepherd Primary Spring Menu 2021

Week 1 (w/c 4 th Jan, w/c 25 th Jan, w/c 22 nd Feb, w/c 15 th Mar)				
Mon	Tue	Wed	Thu	Fri
HOT MENU				
Beef Bolognaise with Pasta	Italiano Chicken Fillet	Roast Chicken	Beef Burger in a Bun	Salmon Fish Fingers
Vegetarian Sausages	Macaroni Cheese with Garlic Bread	Quorn Fillet with Roast Potatoes	Vegetarian Roll with Diced Potatoes	Cheese & Tomato Pizza with Chips
COLD MENU				
Sausage Baguette	Italiano Chicken Roll	Roast Chicken Roll	Ham Wrap	Cheese & Tomato Pizza
Veggie Banger Roll	Cheese Roll	Quorn Pattie in a Roll	Cheese Wrap	Tuna Mayo Baguette
Week 2 (w/c 11 th Jan, w/c 1 st Feb, w/c 1 st Mar, w/c 22 nd Mar)				
Mon	Tue	Wed	Thu	Fri
HOT MENU				
Chicken & Sweetcorn Meatballs	Chicken Pie	Roast Beef	Pasta Carbonara	Fish Fillet
Veggie Mince Fajita	Cheesy Spring Vegetable Bake	Beany Bolognaise with Pasta	Quorn Hot Dog with Pasta	Cheese & Tomato Pizza with Chips
COLD MENU				
Chicken Meatball Baguette	Ham Roll	Roast Beef Baguette	Chicken Wrap	Cheese & Tomato Pizza
Cheese Wrap	Quorn Pattie Roll	Cheese Baguette	Veggie Banger Roll	Tuna Mayo Roll
Week 3 (w/c 18 th Jan, w/c 8 th Feb, w/c 8 th Mar)				
Mon	Tue	Wed	Thu	Fri
HOT MENU				
Mild Chicken Curry	Beef Lasagne	Roast Chicken	Pork Sausages with Gravy	Battered Fish Fillet
Vegetarian Meatballs	Quorn Pattie in a Bun	Italian Pasta Bake	Sweet Potato Slice	Cheese & Tomato Pizza with Chips
COLD MENU				
Meatball Baguette	Ham Wrap	Roast Chicken Baguette	Sausages in a Roll	Cheese and Tomato Pizza
Cheese Baguette	Quorn Pattie Wrap	Cheese Baguette	Veggie Banger Roll	Tuna Mayo Roll

w/c 4th Jan, 18th Jan, 1st Feb, 22nd Feb, 8th Mar, 22nd Mar

- Rec - Year 3: hot school dinners
- Years 4-6: cold packed lunch school dinners

w/c 11th Jan, 25th Jan, 8th Feb, 1st Mar, 15th Mar

- Rec - Year 3: cold packed lunch school dinners
- Years 4-6: hot school dinners